



TM

BASUNDHARA TEACHERS' TRAINING COLLEGE

(A UNIT OF NORTH BIHAR EDUCATIONAL TRUST)

RECOGNISED BY NCTE-ERC, BHUBANESHWAR
AFFILIATED B.R.A BIHAR UNIVERSITY, MUZAFFARPUR
DR. U.S. ROY KNOWLEDGE PARK, SILOUT (NEAR MARKAN CHOWK) N.H. 28,
MUZAFFARPUR (BIHAR) PIN-843119

Index Calendar Rally

Academic Year 2022-23

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| 4 | Beti Bachao Beti Padhao | 22-05-2023 |

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| 2 | Beti Bachao Beti Padhao | 22-10-2018 |
| 3 | Environmental Awareness Programme | 24-11-2018 |
| 4 | Swachhata Abhiyan | 24-01-2019 |


Principal
Basundhara Teachers
Training College, Silout
Muzaffarpur, Bihar


Coordinator
Research and Development Committee
BETC, Muzaffarpur



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REPORT ON **“VIVIDHTA ME EKTA KA UTSAB** **ABHIYAN”**

Location: Basundhara Teacher Training College (BTTC) Gate to Nearby Village

Participants: Students, faculty and local residents.

Date: 25-08-2022

National Unity Day



On August 25, 2022, Basundhara Teachers Training College organized a vibrant rally titled "Vividhta Mein Ekta Ka Utsav Abhiyan" to celebrate and promote unity in diversity. The rally, led by Principal Dr. Sheo Prakash Dwivedi, aimed to foster a sense of national integration and mutual respect among different communities. It witnessed enthusiastic participation from students, faculty members, and local residents, all coming together to emphasize the importance of unity amidst diversity. The primary objective of the rally was to celebrate India's rich cultural diversity and promote the idea of unity in diversity. It aimed to educate the community about the strength that comes from diverse cultural, linguistic, and religious backgrounds coexisting harmoniously. The rally also sought to highlight the role of education in nurturing a spirit of inclusiveness and respect for all.



Students and faculty during rally on 25-08-2022

The rally commenced from the main gate of Basundhara Teachers Training College and proceeded towards the nearby village. Participants carried colorful banners, flags, and placards with messages promoting unity, peace, and cultural harmony. The procession drew significant attention from local villagers, many of whom joined the rally, adding to the festive atmosphere. Principal Dr. Dwivedi led the rally with great enthusiasm. His opening address highlighted the significance of unity in diversity and the pivotal role educational institutions play in promoting this value. The college's faculty and students were actively involved in organizing and participating in the rally. Their dedication and spirited participation were instrumental in making the event a success. The rally saw participation from various members of the local community, including families and local leaders, all contributing to the vibrant and inclusive atmosphere.



Students interacting with villagers during awareness rally programme on 25-08-2022

Activities during the Rally:**Educational Interactions:**

Informative pamphlets and brochures highlighting the concept of unity in diversity were distributed among villagers. Information booths were set up where faculty members and students engaged with the community, discussing the importance of national integration and mutual respect.

Speeches :

At several key points during the rally, speeches were delivered by Dr. Dwivedi and other faculty members, emphasizing the theme of unity in diversity.



Community Engagement:

The rally encouraged active participation from the community, with villagers joining in the celebrations and sharing their thoughts on unity and diversity. Interactive sessions were held where community members discussed their cultural backgrounds and experiences, fostering a deeper understanding and appreciation of each other's heritage.



Students interacting with villagers during awareness rally programme on 25-08-2022

The rally had a profound impact on the community, promoting a strong message of unity in diversity. It succeeded in highlighting the importance of cultural harmony and mutual respect, encouraging the community to embrace and celebrate their differences. The event fostered a sense of national pride and solidarity, emphasizing that diversity is India's strength.



Students and faculty during rally event 25-08-2022

The "Vividhta Mein Ekta Ka Utsav Abhiyan" rally organized by Basundhara Teachers Training College was a resounding success. Under the leadership of Dr. Sheo Prakash Dwivedi, the rally not only celebrated India's rich cultural diversity but also reinforced the idea that unity is essential for national progress. The event underscored the role of education in promoting inclusiveness and mutual respect, contributing to a more harmonious and integrated society.


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BTTC, Muzaffarpur



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REPORT ON **JAL JEEVAN HARIYALI**

Date: February 28, 2023

**Location: Basundhara Teacher Training College (BTTC) Gate to Nearby
Village**

Participants: Students, faculty, and local residents.



Today on February 28, 2023, Basundhara Teachers Training College organized a rally to promote the "Jal Jeevan Hariyali" initiative, aimed at raising awareness about water conservation and environmental sustainability. The event was led by the college's faculty, Ranjana Singh, and witnessed active participation from students, faculty members, and local community residents. The rally was conducted to highlight the critical importance of water conservation and maintaining greenery. It sought to educate the community on sustainable practices that ensure the availability of clean water and the preservation of natural resources for future generations.



Students making awareness around villages for Save Water 28-02-2023

The rally started at the main gate of Basundhara Teachers Training College and made its way towards the nearby village. Participants carried banners and placards with messages advocating for water conservation and environmental sustainability. The vibrant procession drew the attention of local villagers, who were encouraged to join in and learn more about the cause. Principal Dr. Dwivedi led the rally, providing motivational speeches that underscored the significance of the "Jal Jeevan Hariyali" initiative. His leadership and passion for the cause were evident and inspiring. The faculty and students of Basundhara Teachers Training College were at the forefront of organizing the event. Their enthusiasm and commitment were crucial in making the rally impactful. The involvement of local villagers added strength to the rally, emphasizing community solidarity in addressing environmental issues.



Students making awareness around villages for Save Water 28-02-2023

- **Educational Interactions:** Throughout the rally, participants engaged with villagers, distributing informative leaflets about water conservation techniques, rainwater harvesting, and the benefits of planting trees.
- **Public Addresses:** At strategic points during the rally, brief speeches were delivered by Dr. Dwivedi and other faculty members, stressing the urgent need for sustainable practices and sharing practical tips for water conservation and greening efforts.



Students making awareness around villages for awareness rally 28-02-2023

The rally created a significant buzz in the community, prompting many villagers to take a more active role in water conservation and environmental preservation. The event also fostered a sense of collective responsibility and action towards creating a sustainable future. The "Jal Jeevan Hariyali" rally was a remarkable success, reflecting the dedication of Basundhara Teachers Training College to environmental causes. Under the leadership of Dr. Sheo Prakash Dwivedi, the college continues to make substantial contributions towards promoting sustainability and empowering the community to adopt eco-friendly practices.


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REPORT ON EMBRYO TEST

Location: Basundhara Teacher Training College (BTTC) Gate to Nearby Village

Participants: Students, faculty and local residents.



Today on March 18, 2023, Basundhara Teacher Training College (BTTC) organized an impactful rally to raise awareness about embryo testing, its ethical considerations, and its implications. The rally, lead by the BTTC, aimed to educate the community on the significance of ethical practices in medical procedures and the importance of informed decision-making. The rally began at the BTTC gate and proceeded to the nearby village, with active participation from students, faculty members and local residents. The rally commenced at 10:00 AM from the BTTC gate. Participants assembled early, carrying banners, placards, and informational materials on embryo testing and ethical medical practices. Dr. Sheo Prakash Dwivedi, the Principal of BTTC, inaugurated the event with an enlightening speech that emphasized the importance of understanding the ethical dimensions of medical technologies and the role of education in promoting informed choices.



Students and faculty just before rally on March 18, 2023

Awareness March: Participants marched from the BTTC gate to the nearby village, chanting slogans such as "Ethical Testing, Informed Decisions" and "Respect Life, Respect Ethics." The march aimed to highlight the importance of ethical considerations in medical practices and the need for community awareness about embryo testing.



Students interacting with villagers during awareness rally programme on March 18, 2023

Distribution of Educational Materials: Volunteers distributed pamphlets and brochures containing information on embryo testing, its medical implications, ethical considerations, and the importance of informed consent. These materials also included resources for further reading and contact information for healthcare professionals.

Interactive Sessions: faculty members conducted interactive sessions with villagers, discussing topics such as the purpose of embryo testing, potential benefits and risks, ethical concerns, and the importance of seeking proper medical guidance. These sessions aimed to provide a balanced view and encourage informed decision-making.

Community Feedback: A feedback session was held where villagers shared their thoughts and concerns about embryo testing and medical ethics. This session provided valuable insights into the community's perceptions and helped identify areas where further education and support are needed.



Pledge for Ethical Practices: The rally concluded with a collective pledge taken by all participants and villagers to commit to promoting ethical medical practices and supporting informed decision-making in their community.

The Embryo Testing Awareness Rally concluded at 1:00 PM in the village, with a closing address by the Village Head. He expressed gratitude to the BTTC Health and Ethics Committee, Dr. Sheo Prakash Dwivedi, and all participants for their dedication and efforts in promoting awareness about embryo testing and ethical medical practices. The rally was a resounding success, significantly raising awareness about the importance of ethical considerations in medical procedures and encouraging informed decision-making.



Students and faculty during rally event March 18, 2023

The BTTC extends its heartfelt thanks to all participants and supporters for their dedication and enthusiasm. Special thanks to the local resident for their cooperation and support in making the event a success.

[Signature]
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REPORT ON
Beti Bachao Beti Padhao

Date: October 22, 2018

**Location: Basundhara Teacher Training College (BTTC) Gate to Nearby
Village**



On May 22, 2023, Basundhara Teacher Training College (BTTC) organized an impactful rally under the Beti Bachao Beti Padhao (Save the Girl Child, Educate the Girl Child) initiative. The rally aimed to raise awareness about the importance of protecting and educating girl children, emphasizing gender equality and the empowerment of women. The event, lead by the BTTC Women's Cell Committee, began at the BTTC gate and proceeded to the nearby village. The rally saw enthusiastic participation from students, faculty member and local residents. The rally commenced at 10:00 AM from the BTTC gate. Participants gathered early, carrying banners, placards, and messages advocating for the protection and education of girl children. Dr. Pratibha kumari, professor of BTTC, inaugurated the event with an inspiring speech that emphasized the critical role of education in empowering girls and the collective responsibility of society to support gender equality.



Students During awareness rally programme May 22, 2023

Awareness March: Participants marched from the BTTC gate to the nearby village, chanting slogans such as "Beti Bachao, Beti Padhao" and "Educate Girls, Empower the Nation." The march aimed to highlight the importance of protecting girl children and ensuring their right to education.

Distribution of Educational Materials:

Volunteers distributed pamphlets and brochures containing information on the Beti Bachao Beti Padhao initiative, the importance of girl child education, and resources available for supporting girls' education. These materials also included inspirational stories of successful women who overcame challenges to achieve their goals.



Peoples of locality getting knowledge through this awareness programme. May 22, 2023

Interactive Sessions:

Faculty members conducted interactive sessions with villagers, discussing topics such as the benefits of educating girls, the societal impact of gender equality, and ways to support girls in their educational journeys. These sessions aimed to educate and motivate community members to actively support the cause.

Faculty members delivered speeches highlighting the significance of educating girls, the challenges faced by girls in accessing education, and the positive impact of empowered women on society. Their speeches were motivating and provided valuable insights into the importance of gender equality.



Peoples getting knowledge about “Beti Bachao Beti Padhao” through this awareness programme. May 22, 2023

Pledge for Girl Child Education: The rally concluded with a collective pledge taken by all participants and villagers to commit to supporting the education of girl children and promoting gender equality in their communities



Peoples getting knowledge about “Beti Bachao Beti Padhao” through this awareness programme. May 22, 2023

The Beti Bachao Beti Padhao rally concluded at 1:00 PM in the village, with a closing address by the Village Head. He expressed gratitude to the BTTC Women’s Cell Committee, Dr. Sheo Prakash Dwivedi, and all participants for their dedication and efforts in promoting the protection and education of girl children. The rally was a resounding success, significantly raising awareness about the importance of educating girls and encouraging proactive measures to support gender equality.


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Report on **“Samajik Samrashta Jagrukta Abhiyan”**

Date: 21-10-2021

Venue: Outside from the College Campus



On October 21, 2021, Basundhara Teacher Training College (BTTC) organized an impactful rally under the Samajik Samrasta Jagrukta Abhiyan (Social Harmony Awareness Campaign). The rally aimed to raise awareness about social harmony, promote unity, and encourage the community to embrace diversity and equality. The event, led by the BTTC, began at the BTTC gate and proceeded to the nearby village. The rally saw enthusiastic participation from students, faculty members and local residents.



Students and faculty in villages during rally on 21/10/2021

The rally commenced at 10:00 AM from the BTTC gate. Participants gathered early, carrying banners, placards, and messages advocating for social harmony and equality. Dr. Shiv Prakash Dwivedi, the Principal of BTTC, inaugurated the event with an inspiring speech that emphasized the importance of social harmony, the value of diversity, and the collective responsibility of society to support unity and equality.

Activities During the Rally:

1. **Awareness March:** Participants marched from the BTTC gate to the nearby village, chanting slogans such as "Unity in Diversity" and "Together for Harmony." The march aimed to highlight the importance of social harmony and encourage community members to embrace unity and equality.
2. **Distribution of Educational Materials:** Volunteers distributed pamphlets and brochures containing information on social harmony, the benefits of a harmonious society, and resources available for supporting social unity. These materials also included inspirational stories of individuals and communities who have successfully fostered social harmony.
3. **Interactive Sessions:** Social activists and faculty members conducted interactive sessions with villagers, discussing topics such as the importance of social harmony, ways to support unity and equality, and the positive impact of embracing diversity. These sessions aimed to educate and motivate community members to actively support the cause.



Students and faculty during rally event 28/03/2022

4. **Speeches** : Faculty members delivered speeches highlighting the significance of social harmony, the challenges faced by diverse communities, and the positive impact of unity and equality on society. Their speeches were motivating and provided valuable insights into the importance of embracing diversity.
5. **Pledge for Social Harmony:** The rally concluded with a collective pledge taken by all participants and villagers to commit to supporting social harmony and promoting unity and equality in their communities.



*Students and faculty interacting with the local residence during rally event
28/03/2022*

The Samajik Samrasta Jagrukta Abhiyan rally concluded at 1:00 PM in the village, with a closing address by the Village Head. He expressed gratitude to the BTTC , Dr. Sheo Prakash Dwivedi, and all participants for their dedication and efforts in promoting social harmony and unity. The rally was a resounding success, significantly raising awareness about the importance of social harmony and encouraging proactive measures to support unity and equality.

Overall, the rally was an inspiring and educational event, demonstrating the power of community action in promoting social harmony and unity. The BTTC plans to continue organizing similar initiatives in the future, dedicated to fostering a culture of equality and respect for diversity. The BTTC extends its heartfelt thanks to all participants, social activists, and supporters for their dedication and enthusiasm. Special thanks to the local resident for their cooperation and support in making the event a success.


Principal
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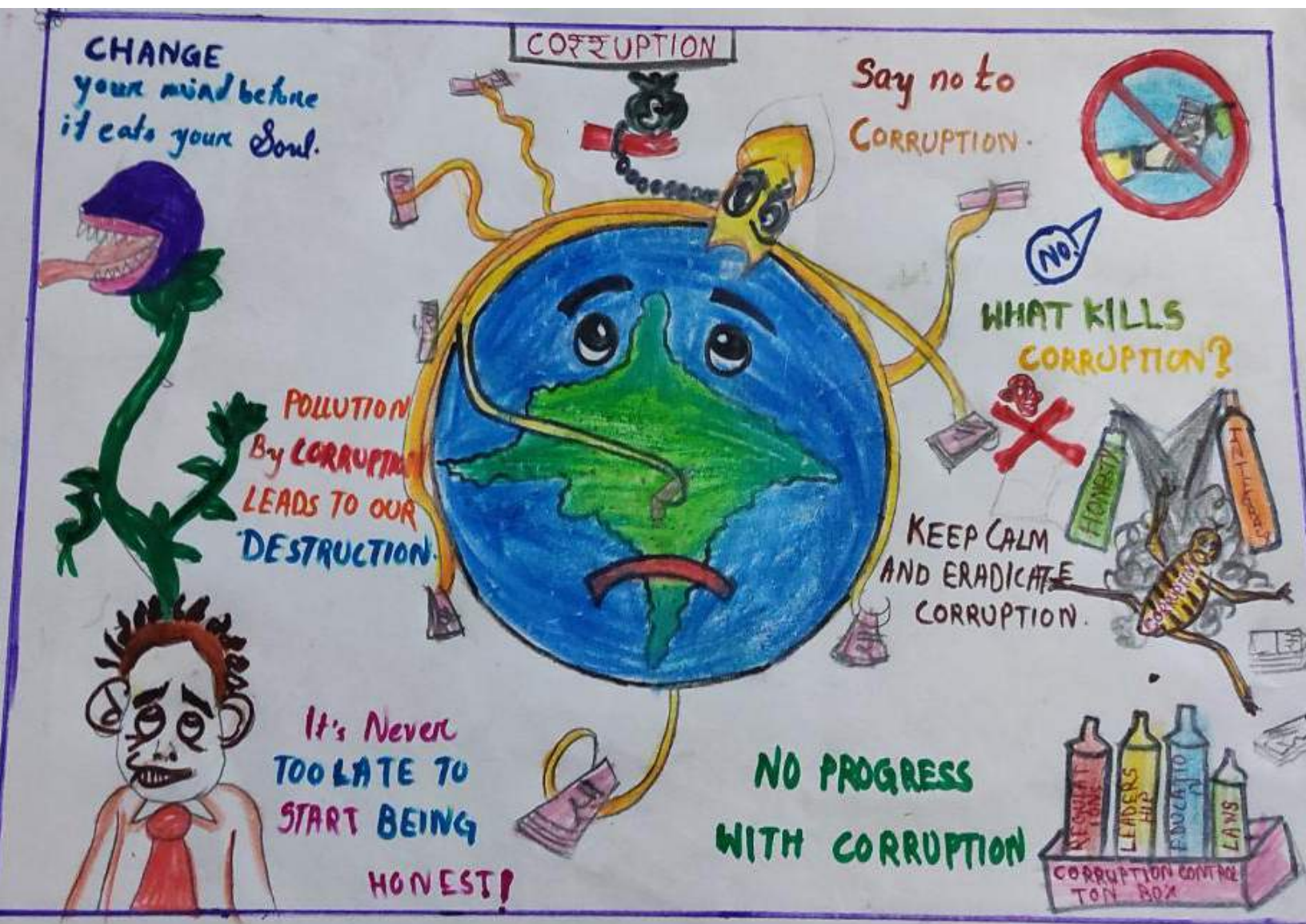
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Report on VIGILANCE AWARENESS PROGRAMME

Date: 26-10-2021

Venue: Outside from the College Campus



On the date 26/10/21, the students of Basundhara Teachers Training College organized a grand rally from the main gate of the college to the city's Markan Chowk on the occasion of the Vigilance Awareness Week from 26/10/2023 to 01/11/2021.



Students and faculty just before rally on 26/10/2021

Students of this college are advised to remain vigilant, stay alert, and not share their Aadhaar number or PAN number with anyone. Do not share any kind of OTP with anyone and do not fall for anyone's words. Always beware of fake calls on mobile phones. They were holding posters and banners with slogans such as "Always be cautious at home" and so on.

Students made contact with the people present in a comprehensive manner and warned them.



Students and faculty during rally event 26/10/2021



Students and faculty during rally event 26/10/2021

The principal of the institution, Dr. Sheo Prakash Diwedi, flagged off this rally. In this rally, the college's male and female teachers also participated enthusiastically.


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REPORT ON COVID-19

Date: November 18, 2021

Location: Basundhara Teacher Training College (BTTC) Gate to Nearby Village

Participants: Students, faculty, healthcare workers and local residents.

On Nov 18, 2021, the Basundhara Teacher Training College organized a comprehensive COVID-19 awareness rally. The rally aimed to educate the community on preventive measures, vaccination importance, and proper health protocols to combat the ongoing pandemic. Spanning from the BTTC gate to the nearby village, the event saw enthusiastic participation from students, faculty members, healthcare workers and local residents. The rally commenced at 10:00 AM from the BTTC gate. Participants gathered early, equipped with masks and hand sanitizers. The Principal of BTTC inaugurated the event with a brief speech emphasizing the significance of COVID-19 awareness and community health.



Students gathered at college gate for Covid-19 awareness rally programme.(18/11/2021)

Activities During the Rally:

Informational March:

Participants marched from the BTTC gate to the nearby village, holding banners and placards with messages promoting COVID-19 awareness. Slogans such as "Wear a Mask, Save Lives" and "Get Vaccinated, Stay Protected" were prominently displayed.

Distribution of Hygiene Kits:

Along the route, volunteers distributed hygiene kits containing masks, hand sanitizers, and soap to villagers. This initiative aimed to ensure that everyone had access to basic protective supplies. Essential COVID-19 preventive measures such as wearing masks, maintaining social distancing, frequent handwashing, and the importance of vaccination. Volunteers engaged with residents, answering questions and addressing concerns.



Peoples of locality getting knowledge about covid- 19 through this awareness programme.(18/11/2021)

Interactive Sessions:

Healthcare workers conducted interactive sessions at various stops along the route, demonstrating the correct way to wear masks, proper handwashing techniques, and the benefits of vaccination. They also debunked common myths and misconceptions about COVID-19.

Vaccination Drive Promotion:

The rally included promotion of an upcoming vaccination drive organized by the local health department. Information about the vaccination schedule, registration process, and benefits of getting vaccinated was shared with the community.



*Students mask up and march on : Raising awareness about Covid-19
(18/11/2021)*

Health Check-Up Camps:

Mini health check-up camps were set up at strategic points where participants and villagers could get their temperature, oxygen levels, and general health checked. This service helped identify any immediate health issues and provided basic medical advice.

At the conclusion of the rally, all participants and villagers took a collective pledge to follow COVID-19 safety protocols, get vaccinated, and spread awareness within their communities. This pledge reinforced the commitment to combating the pandemic together. The COVID-19 awareness rally concluded at 1:00 PM in the village, with a closing address by the Village Head. He expressed gratitude to the BTTC and all participants for their dedication and efforts. The rally was a resounding success, significantly raising awareness about COVID-19 and encouraging proactive health measures within the community.

Overall, the rally was an impactful event, demonstrating the power of community action in promoting public health. The BTTC plans to organize more such initiatives in the future, continuing their mission to promote health awareness and safety.



A health checkup programme were organized in the college campus for the people of nearby villages and college members. (18/11/2021)

COVID-19, caused by the novel coronavirus, is a global pandemic that has significantly impacted communities worldwide. Awareness about COVID-19 is crucial for public health and safety. It spreads primarily through respiratory droplets when an infected person coughs, sneezes, or talks, and can also spread by touching surfaces contaminated with the virus.

Preventive measures such as frequent handwashing, wearing masks, maintaining physical distance, and avoiding large gatherings help reduce transmission. Vaccination campaigns play a critical role in controlling the spread and severity of the virus.

Staying informed through reliable sources like health authorities and following recommended guidelines are essential to protect oneself and others from COVID-19. Global cooperation and individual responsibility are key in combating this unprecedented health crisis.



Mr. Ajay Kumar Maurya telling people how to be stay safe from pandemic Covid-19 (18/11/2021)

The Swachhata Abhiyan rally concluded at 12:30 PM near the village, with a closing address by the village head. He expressed gratitude to the BTTC and all participants for their dedication and hard work.

Overall, the rally was a success, fostering a sense of unity and purpose among participants. It inspired local residents to take active steps in maintain cleanliness and demonstrated the positive impact of community driven initiatives.


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On March 28, 2022, Basundhara Teachers Training College organized a rally to promote adult literacy. The event, spearheaded by the esteemed Principal Dr. Sheo Prakash Dwivedi, saw enthusiastic participation from students, faculty members, and local community members. The primary objective of the rally was to raise awareness about the importance of adult literacy and to encourage the local community to embrace education at all stages of life. The initiative was aimed at highlighting the benefits of literacy in improving personal and social well-being. The rally commenced from the main gate of Basundhara Teachers Training College and proceeded towards the nearby village. Participants carried banners and placards with slogans advocating for adult education and literacy. The route was lined with curious onlookers who were engaged by the rally's energetic atmosphere.



Students and faculty in villages during rally on 28/03/2022

The principal of Basundhara Teachers Training College, Dr. Dwivedi, led the rally. In his address, he emphasized the transformative power of education and the college's commitment to community service. The college's faculty and students played a pivotal role in organizing and participating in the rally. Their dedication and efforts were instrumental in the rally's success.

- **Engaging the Community:** Along the route, participants interacted with villagers, distributing pamphlets that detailed the benefits of adult literacy and available educational programs.
- **Speeches :** At key points during the rally, brief speeches were given by Dr. Dwivedi and other faculty members, sharing success stories of adults who have benefited from literacy programs.



Students and faculty during rally event 28/03/2022



Students and faculty during rally event 28/03/2022

The rally garnered significant attention and sparked conversations about adult education within the community. Many villagers expressed interest in joining literacy programs, and several local leaders pledged their support for the cause. The adult literacy programme rally was a resounding success, reflecting Basundhara Teachers Training College's dedication to community upliftment through education. Under the guidance of Dr. Sheo Prakash Dwivedi, the college continues to play a crucial role in promoting literacy and empowering individuals to lead better lives.


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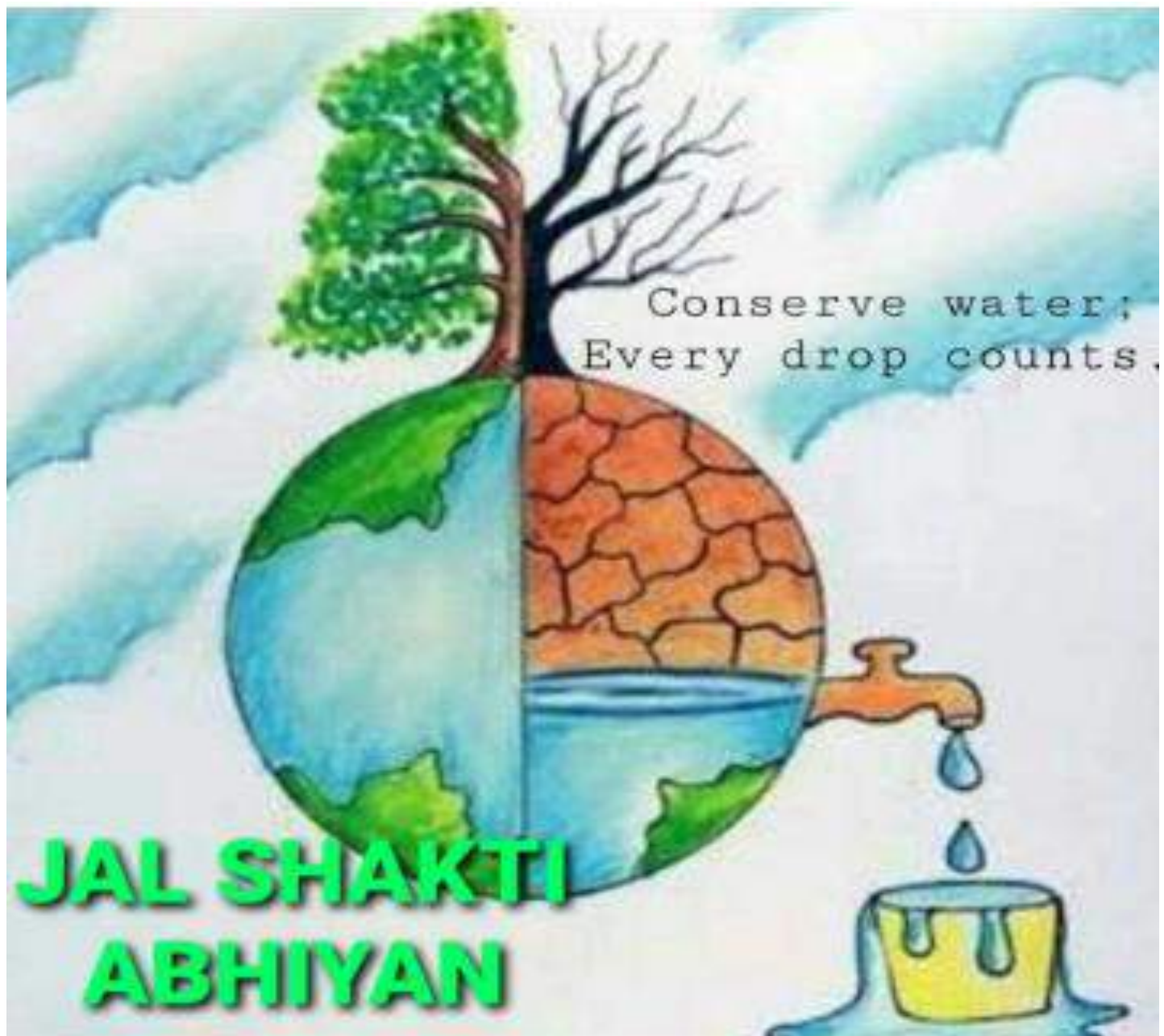
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Report on **“Jal Shakti Abhiyan”**

Date: 15-09-2019

Venue: Outside from the College Campus



On September 15, 2019, Basundhara Teacher Training College (BTTC) organized a pivotal rally as part of the Jal Shakti Abhiyan, a national campaign aimed at promoting water conservation and sustainable water management practices. The rally, orchestrated by the BTTC, sought to raise awareness about the critical importance of conserving water and to engage the community in efforts to protect our water resources. The event began at the BTTC gate and proceeded to the nearby village, attracting enthusiastic participation from students, faculty members, and local residents.



Students and faculty in villages during rally on 15/09/2019

The rally commenced at 10:00 AM from the BTTC gate. Participants gathered early, equipped with banners, placards, and water conservation-themed. Dr. Shiv Prakash Dwivedi, the Principal of BTTC, inaugurated the event with an inspiring speech that emphasized the urgent need for water conservation and the collective responsibility of the community to manage water resources sustainably. Activities During the Rally:

Awareness March:

Participants marched from the BTTC gate to the nearby village, chanting slogans such as "Save Water, Save Life" and "Every Drop Counts." The march aimed to highlight the importance of water conservation and the necessity of adopting sustainable water management practices.

Demonstrations of Water Conservation Techniques:

Demonstrations on effective water conservation techniques, such as rainwater harvesting, water recycling, and efficient irrigation methods, were conducted to showcase practical ways to save water. These demonstrations provided hands-on learning experiences for participants.

Interactive Sessions:

Faculty members and students conducted interactive sessions with villagers, discussing topics such as the importance of water conservation, the impact of water scarcity, and community-based water management strategies. These sessions encouraged villagers to adopt water-saving practices in their daily lives.



Students and faculty during rally event 15/09/2019

Clean-Up Drive:

A clean-up drive was organized along the rally route, particularly focusing on cleaning local water bodies and removing plastic waste. This activity underscored the importance of maintaining clean and pollution-free water sources.

Pledge for Water Conservation:

The rally concluded with a collective pledge taken by all participants and villagers to commit to water conservation practices and to spread awareness about the importance of protecting our water resources.



*Students and faculty interacting with the local residence during rally event
15/09/2019*

The Jal Shakti Abhiyan rally concluded at 1:00 PM in the village, with a closing address by the Village Head. He expressed gratitude to the BTTC and all participants for their dedication and efforts in promoting water conservation. The rally was a resounding success, significantly raising awareness about the importance of water conservation and encouraging proactive measures to safeguard our precious water resources.



*Students and faculty interacting with the local residence during rally event
15/09/2019*

Overall, the rally was an inspiring and educational event, demonstrating the power of community action in promoting sustainable water management practices. The BTTC plans to continue organizing similar initiatives in the future, dedicated to fostering a culture of sustainability and environmental stewardship.

The BTTC extends its heartfelt thanks to all participants, and supporters for their dedication and enthusiasm. Special thanks to the local residents for their cooperation and support in making the event a success.


Principal
Basundhara Teachers
Training College, Silout
Muzaffarpur, Bihar


Coordinator
Co-Curricular Committee
BTTC, Muzaffarpur



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BASUNDHARA TEACHERS' TRAINING COLLEGE **(A UNIT OF NORTH BIHAR EDUCATIONAL TRUST)**

RECOGNISED BY NCTE-ERC, BHUBANESHWAR

AFFILIATED B.R.A BIHAR UNIVERSITY, MUZAFFARPUR

DR. U.S.ROY KNOWLEDGE PARK, SILOUT (NEAR MARKAN CHOWK) N.H. 28,

MUZAFFARPUR (BIHAR) PIN-843119

REPORT ON SWACHHTA ABHIYAN

Date: 05th Oct. 2019

Location: Basundhara Teacher's Training College gate to nearby Village

Participants: Students, Faculty, and local residents



Today on October 5, 2019, the Basundhara Teachers' Training College organized a highly successful "Swachhata Abhiyan" rally, Promoting cleanliness and environmental awareness.



Students gathered at college gate for awareness rally programme.(05/10/2019)

The rally spanned from the BTTC gate to the nearby village, covering a distance of approximately 3 km. The event witnessed enthusiastic participation from students, faculty members and local residents all united a common goal- To contribute to a cleaner and healthier environment.

The rally commenced at 10:30 AM from the BTTC gate. Participants gathered early, equipped with gloves, garbage bags, and cleaning tools. The Principal of BTTC, Dr. Sheo Prakash Dwivedi, inaugurated the event with a brief speech emphasizing the importance of cleanliness and community involvement in maintaining a sustainable environment. Activities during the rally

- Street Cleaning

A comprehensive street cleaning program through this rally is vital for maintaining the cleanliness, hygiene, and aesthetic appeal of urban & rural both environments. It involves systematic strategies to remove debris, trash, and pollutants from streets, sidewalks, and public spaces, ensuring a safe and pleasant environment for residents and visitors alike. A well-executed street cleaning program enhances public health, reduces pollution, promotes community pride, and supports economic vitality by creating attractive and inviting public spaces for all to enjoy.



- Students cleaning the streets of locality through this awareness programme.
.(05/10/2019)

Swachhta Abhiyan" (Cleanliness Campaign) engage communities in discussions and activities to promote cleanliness and hygiene. These sessions foster awareness about waste management, sanitation practices, and environmental responsibility. Participants learn practical steps to keep their surroundings clean and understand the importance of collective efforts in maintaining a healthy environment. Through interactive learning and collaborative initiatives, Swachhta Abhiyan sessions inspire individuals to take proactive roles in sustaining

cleanliness, contributing to a cleaner and more sustainable future for all.



All Students attending interacting session together in multipurpose hall before rally..(05/10/2019)

- Tree Plantation

Tree plantation plays a crucial role in environmental conservation and sustainability efforts worldwide. It involves planting and nurturing trees in various locations such as urban areas, forests, and degraded lands. This activity helps combat climate change by absorbing carbon dioxide, improving air quality, and providing habitat for wildlife. Additionally, trees contribute to soil health, prevent erosion, and enhance the aesthetic beauty of landscapes.



College administration having tree plantation.(05/10/2019)

The Swachhata Abhiyan rally concluded at 12:30 PM near the village, with a closing address by the village head. He expressed gratitude to the BTTC and all participants for their dedication and hard work.

Overall, the rally was a success, fostering a sense of unity and purpose among participants. It inspired local residents to take active steps in maintain cleanliness and demonstrated the positive impact of community driven initiatives.


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REPORT ON EKTA DIWAS

Date: October 31, 2019

Location: Basundhara Teacher Training College (BTTC) Gate to Nearby Village

Participants: Students, faculty, local residents and community leaders



On October 31, 2019, Basundhara Teacher Training College (BTTC) celebrated Ekta Diwas, or National Unity Day, with a spirited rally. This event was organized by the BTTC to honor the legacy of Sardar Vallabhbhai Patel and to promote the message of national unity and integrity. The rally spanned from the BTTC gate to the nearby village, drawing enthusiastic participation from students, faculty members, local residents, and community leaders.



Students and faculty during ekta rally October 31, 2019

The rally began at 10:00 AM from the BTTC gate. Participants assembled early, carrying flags, banners, and placards with messages celebrating unity and national integrity. The Principal of BTTC, Dr. Shiv Prakash Dwivedi inaugurated the event with a motivating speech on the importance of unity in diversity and the enduring legacy of Sardar Vallabhbhai Patel.



Students in near by villages for rally October 31, 2019

Activities During the Rally:

Unity March:

The participants marched from the BTTC gate to the nearby village, chanting slogans like "Ek Bharat, Shreshtha Bharat" (One India, Great India) and "Unity in Diversity." The vibrant march symbolized the collective spirit and solidarity of the community.

Awareness Campaign:

The contributions of Sardar Vallabhbhai Patel to India's unity, and the importance of national integration. They engaged with villagers, encouraging them to embrace and promote unity in their daily lives.



Dr. Pratibha Jha communicating with villagers October 31, 2019

Interactive Sessions:

At various stops, interactive sessions were held where students and faculty discussed the values of unity, peace, and cooperation. Community leaders shared inspiring stories and examples of unity from India's history and contemporary society.

Tree Plantation Drive:

As a symbolic gesture of growth and unity, participants planted saplings at different points along the rally route. This initiative aimed to promote environmental awareness and signify the growth of unity and harmony in the community.

Photo Exhibition:

A photo exhibition depicting historical moments of national unity and the life of Sardar Vallabhbhai Patel was set up near the village. This exhibition educated participants and villagers about the pivotal moments in India's journey towards unity.



Villagers getting information about benefits of unity October 31, 2019

The Ekta Diwas rally concluded at 12:30 PM with a closing address by the Village Head, who expressed heartfelt gratitude to the BTTC and all participants for their dedication and efforts. The rally was a resounding success, fostering a deep sense of unity and national pride among participants and the local community. Overall, the rally was an inspiring and educational event, demonstrating the power of collective action in promoting national unity. The BTTC plans to continue organizing similar events in the future, dedicated to upholding the values of unity, integrity, and national pride.

The BTTC extends its sincere thanks to all participants, community leaders, and supporters for their enthusiasm and commitment and support in making the event a success.


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Report on "International Women's Day"

Date: 07-03-2020

Venue: Outside from the College Campus



On March 7, 2020, the Basundhara teachers training college Women Cell organized an empowering rally to celebrate International Women's Day. The rally began at the Basundhara teachers training college gate and proceeded to the nearby village, covering approximately 3 km. This event aimed to highlight the importance of gender equality, women's rights, and empowerment, attracting a diverse group of participants including students, faculty members and local residents.



Students and faculty leaving for rally on 07/03/2020

The rally started at 10:30 AM at the Basundhara teachers training college gate. Participants gathered early, carrying banners and placards with messages promoting gender equality and women's empowerment. The event was inaugurated by the Principal of Basundhara teachers training college, Dr. Shiv Prakash Dwivedi who delivered an inspiring speech on the significance of International Women's Day and the ongoing struggle for gender equality. Activities during the rally

The International Women's Day rally concluded at 12:30 PM in the village with a closing address by the Village Head, who expressed gratitude to the Basundhara teachers training college Women Cell and all participants for their dedication and efforts. The rally was a resounding success, fostering a sense of solidarity and purpose among participants and inspiring the local community to actively support women's rights and empowerment. Overall, the rally was a vibrant and impactful event, demonstrating the power of collective action in advocating for gender equality. The Basundhara teachers training college Women Cell plans to organize similar events in the future, continuing their mission to promote awareness and support for women's rights and empowerment.

International Women's Day, celebrated on March 8th, focuses on advocating for women's rights and gender equality. This year's theme, "Embrace Equity," underscores the need for systemic change to achieve fairness and justice for all genders. BTTC organized a rally to celebrate this day and promote these crucial issues.



Students and faculty during rally event 07/03/2020

International Women's Day is a powerful reminder of the progress made in advancing women's rights and the work still required to achieve gender equality. By coming together to celebrate women's achievements and advocate for necessary changes, individuals and communities contribute to a more just and equitable world for all.



*Students and faculty interacting with the local residence during rally event
07/03/2020*

International Women's Day rallies serve multiple purposes. They provide a platform for voices that might otherwise be unheard, facilitate important conversations about women's rights, and mobilize communities to take concrete actions towards gender equality. Despite significant progress, these events underscore the need for continued advocacy and systemic change to address gender disparities.



*Students and faculty interacting with the local residence during rally event
07/03/2020*

Ultimately, International Women's Day rallies are not just commemorations but powerful calls to action, reminding us of the ongoing work needed to achieve true gender equality and justice in all areas of society. The BTTC extends its heartfelt thanks to all participants, and supporters for their dedication and enthusiasm. Special thanks to the local residents for their cooperation and support in making the event a success.


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REPORT ON POPULATION DAY

Date: July 11, 2018

Location: Basundhara Teacher Training College (BTTC) Gate to Nearby Village

Participants: Students, faculty, local residents and community leaders



On July 11, 2018, Basundhara Teacher Training College (BTTC) celebrated Ekta Diwas, or National Unity Day, with a spirited rally. This event was organized by the BTTC to honor the legacy of Sardar Vallabhbhai Patel and to promote the message of national unity and integrity. The rally spanned from the BTTC gate to the nearby village, drawing enthusiastic participation from students, faculty members, local residents, and community leaders.



*Students interacting with some of villagers during Ekta diwas rally
(11.07.2018)*

The rally began at 10:00 AM from the BTTC gate. Participants assembled early, carrying flags, banners, and placards with messages celebrating unity and national integrity. The Principal of BTTC, Dr. Sheo Prakash Dwivedi inaugurated the event with a motivating speech on the importance of unity in diversity and the enduring legacy of Sardar Vallabhbhai Patel.



Students interacting with locals during Ekta diwas rally (11.07.2018)

Activities During the Rally:

Unity March:

The participants marched from the BTTC gate to the nearby village, chanting slogans like "Ek Bharat, Shreshtha Bharat" (One India, Great India) and "Unity in Diversity." The vibrant march symbolized the collective spirit and solidarity of the community.



Student and teachers having photo shoot during rally (11.07.2018)

Awareness Campaign:

The contributions of Sardar Vallabhbhai Patel to India's unity, and the importance of national integration. They engaged with villagers, encouraging them to embrace and promote unity in their daily lives.



Dr. Monika briefing the villagers about unity and its importance. (11.07.2018)

Interactive Sessions:

At various stops, interactive sessions were held where students and faculty discussed the values of unity, peace, and cooperation. Community leaders shared inspiring stories and examples of unity from India's history and contemporary society.



Students and teachers in streets of locality for rally (11.07.2018)

The BTTC extends its sincere thanks to all participants, community leaders, and supporters for their enthusiasm and commitment and support in making the event a success.


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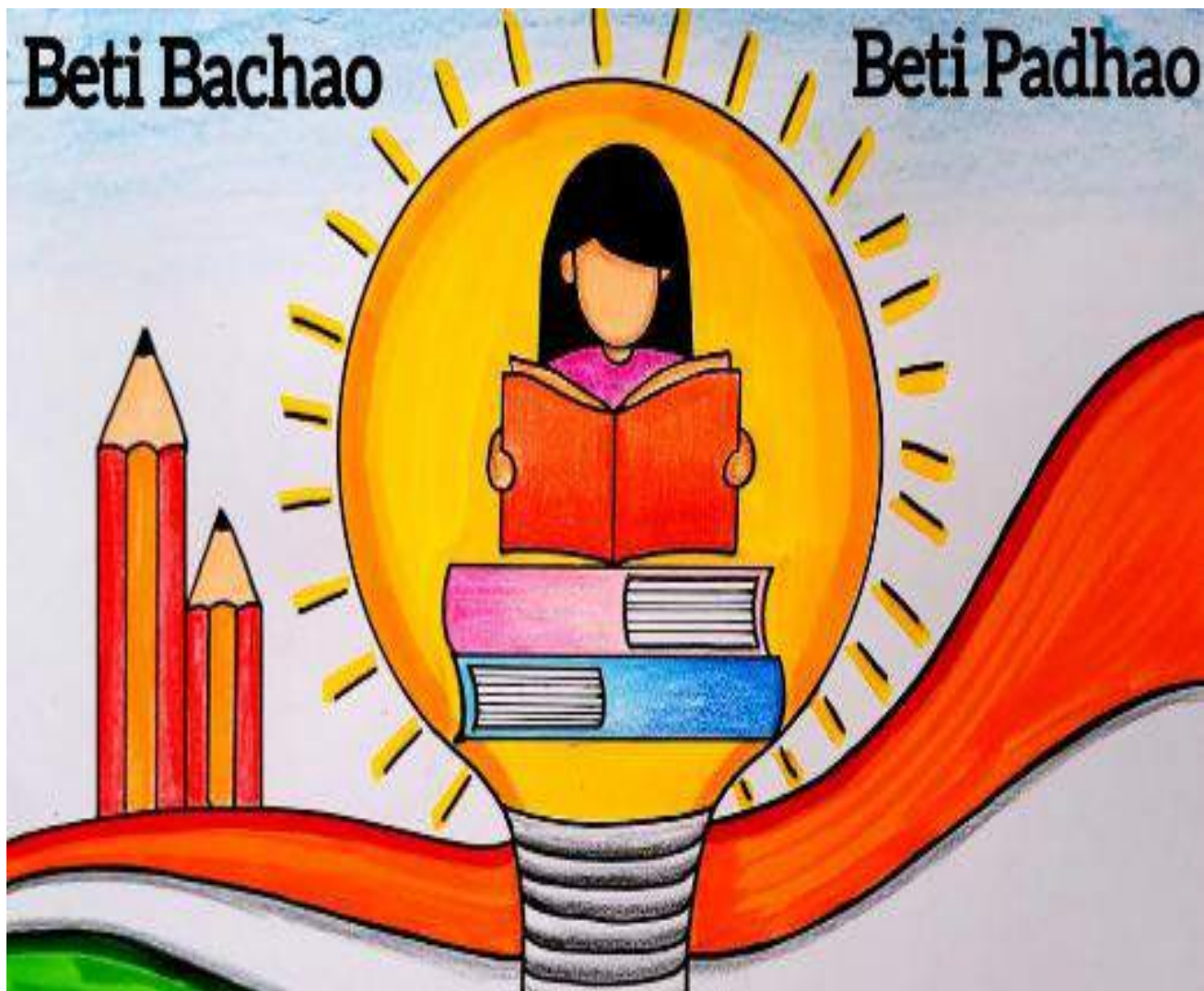
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REPORT ON

Beti Bachao Beti Padhao

Date: October 22, 2018

Location: Basundhara Teacher Training College (BTTC) Gate to Nearby Village



On October 22, 2018, Basundhara Teacher Training College (BTTC) organized an impactful rally under the Beti Bachao Beti Padhao (Save the Girl Child, Educate the Girl Child) initiative. The rally aimed to raise awareness about the importance of protecting and educating girl children, emphasizing gender equality and the empowerment of women. The event, lead by the BTTC Women's Cell Committee, began at the BTTC gate and proceeded to the nearby village. The rally saw enthusiastic participation from students, faculty member and local residents. The rally commenced at 10:00 AM from the BTTC gate. Participants gathered early, carrying banners, placards, and messages advocating for the protection and education of girl children. Dr. Pratibha kumari, professor of BTTC, inaugurated the event with an inspiring speech that emphasized the critical role of education in empowering girls and the collective responsibility of society to support gender equality.



Students During awareness rally programme October 22, 2018

Awareness March: Participants marched from the BTTC gate to the nearby village, chanting slogans such as "Beti Bachao, Beti Padhao" and "Educate Girls, Empower the Nation." The march aimed to highlight the importance of protecting girl children and ensuring their right to education.

Distribution of Educational Materials:

Volunteers distributed pamphlets and brochures containing information on the Beti Bachao Beti Padhao initiative, the importance of girl child education, and resources available for supporting girls' education. These materials also included inspirational stories of successful women who overcame challenges to achieve their goals.



*Peoples of locality getting knowledge through this awareness programme.
October 22, 2018*

Interactive Sessions:

Faculty members conducted interactive sessions with villagers, discussing topics such as the benefits of educating girls, the societal impact of gender equality, and ways to support girls in their educational journeys. These sessions aimed to educate and motivate community members to actively support the cause.

Faculty members delivered speeches highlighting the significance of educating girls, the challenges faced by girls in accessing education, and the positive impact of empowered women on society. Their speeches were motivating and provided valuable insights into the importance of gender equality.



Peoples getting knowledge about "Beti Bachao Beti Padhao" through this awareness programme. October 22, 2018

Pledge for Girl Child Education: The rally concluded with a collective pledge taken by all participants and villagers to commit to supporting the education of girl children and promoting gender equality in their communities

The Beti Bachao Beti Padhao rally concluded at 1:00 PM in the village, with a closing address by the Village Head. He expressed gratitude to the BTTC Women's Cell Committee, Dr. Sheo Prakash Dwivedi, and all participants for their dedication and efforts in promoting the protection and education of girl children. The rally was a resounding success, significantly raising awareness about the importance of educating girls and encouraging proactive measures to support gender equality.


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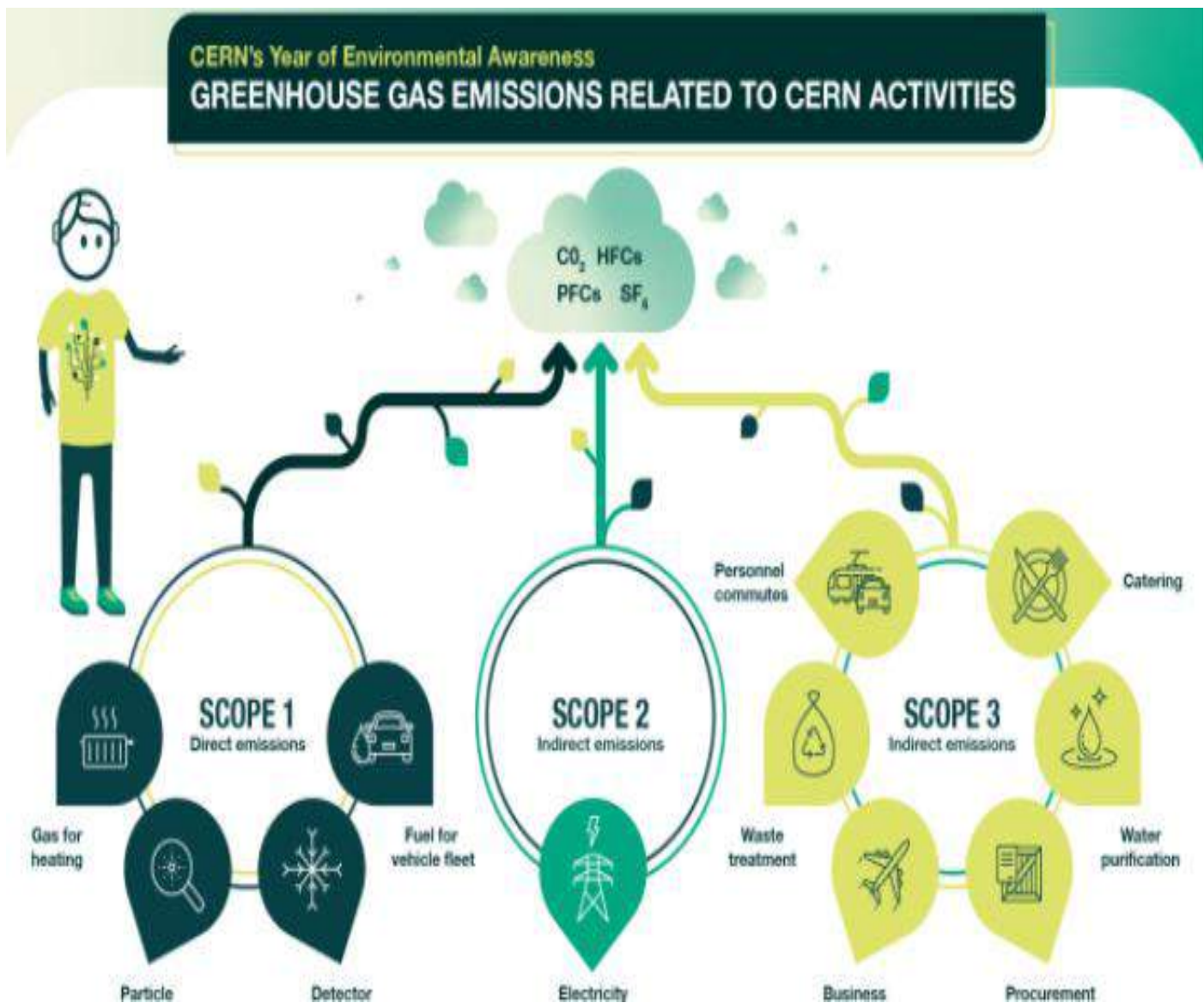
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REPORT ON **Environmental Awareness Programme**

Date: November 24, 2018

Location: Basundhara Teacher Training College (BTTC) Gate to Nearby Village



On November 24, 2018, Basundhara Teacher Training College (BTTC) conducted a significant environmental awareness rally organized by the BTTC. This rally aimed to raise awareness about the critical importance of environmental conservation, promote sustainable practices, and encourage community involvement in protecting natural resources. The event began at the BTTC gate and proceeded to the nearby village, drawing enthusiastic participation from students, faculty members, environmental activists, local residents, and municipal representatives. The rally started at 10:00 AM from the BTTC gate. Participants assembled early, carrying eco-friendly banners, placards, and reusable water bottles. The Principal of BTTC Dr. Shiv Prakash Dwivedi inaugurated the event with an inspiring speech emphasizing the urgency of environmental protection and the role each individual can play in fostering a sustainable future.



Students gathered at college gate for Covid-19 awareness rally programme.(18/11/2021)

like "Save Our Planet," "Go Green," and "Reduce, Reuse, Recycle." This march aimed to raise awareness about environmental issues and the need for sustainable living practices.

Distribution of Educational Materials:

Volunteers distributed pamphlets and brochures that provided information on various environmental issues such as deforestation, pollution, and climate change. These materials also included practical tips on how individuals can contribute to environmental conservation.



Peoples of locality getting knowledge about covid- 19 through this awareness programme. November 24, 2018

Interactive Sessions:

Environmental activists and faculty members held interactive sessions with villagers, discussing topics such as waste management, water conservation, and the importance of biodiversity. These sessions encouraged community members to adopt sustainable practices in their daily lives.

Demonstrations of Eco-Friendly Practices:

Demonstrations on composting, rainwater harvesting, and the use of solar energy were conducted to showcase practical ways to adopt sustainable practices. These demonstrations provided hands-on learning experiences for participants.



*Peoples getting knowledge about covid- 19 through this awareness programme.
November 24, 2018*

Clean-Up Drive:

A clean-up drive was organized along the rally route, where participants collected litter and waste, emphasizing the importance of maintaining a clean environment. Waste collected was segregated for proper disposal and recycling.

Pledge for Environmental Protection:

The rally concluded with a collective pledge taken by all participants and villagers to commit to environmentally friendly practices and to spread awareness about the importance of protecting our environment. The environmental awareness rally concluded at 12:30 PM in the village, with a closing address by the Village Head. He expressed gratitude to the BTTC and all participants for their dedication and efforts in promoting environmental conservation. The rally was a resounding success, significantly raising awareness about environmental issues and encouraging proactive measures for sustainable living.

Overall, the rally was an inspiring and educational event, demonstrating the power of community action in promoting environmental conservation. The BTTC plans to continue organizing similar initiatives in the future, dedicated to fostering a culture of sustainability and environmental stewardship.



Peoples of locality getting knowledge about covid- 19 through this awareness programme. November 24, 2018

The Swachhata Abhiyan rally concluded at 12:30 PM near the village, with a closing address by the village head. He expressed gratitude to the BTTC and all participants for their dedication and hard work.

Overall, the rally was a success, fostering a sense of unity and purpose among participants. It inspired local residents to take active steps in maintain cleanliness and demonstrated the positive impact of community driven initiatives.


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REPORT ON **SWACHHATA ABHIYAN NUKKAR NATAK**

Date: January 24, 2019

Location: Basundhara Teacher Training College (BTTC) Gate to Nearby Village



Today on January 24, 2019, Basundhara Teachers Training College organized an impactful rally titled "Swachhta Abhiyan Nukkar Natak" to promote cleanliness and hygiene. Led by Principal Dr. Sheo Prakash Dwivedi, the event featured street plays (nukkar natak) to raise awareness about the importance of cleanliness and sanitation. The rally saw active participation from students, faculty members, and local community members, all coming together to support the Swachh Bharat (Clean India) mission. The primary objective of the rally was to educate the local community about the importance of cleanliness and sanitation. Through engaging street plays, the rally aimed to highlight the health and environmental benefits of maintaining a clean environment. The event sought to inspire individuals to take personal and collective responsibility for keeping their surroundings clean.



Students during Swachhta Abhiyan awareness rally programme January 24, 2019

The rally commenced from the main gate of Basundhara Teachers Training College and proceeded towards the nearby village. Participants carried banners and placards with messages advocating for cleanliness and hygiene. The street plays performed along the route attracted significant attention from local villagers, who were encouraged to join the rally and participate in the activities. Principal Dr. Dwivedi led the rally with enthusiasm and dedication. His opening address emphasized the critical importance of cleanliness for public health and environmental sustainability. The faculty and students of Basundhara Teachers Training College played a central role in organizing and participating in the rally. Their commitment to the cause was evident in their energetic performances and interactions with the community. The rally saw participation from various members of the local community, including families, local leaders, and sanitation workers, all of whom contributed to the event's success.



Peoples of locality getting knowledge about covid- 19 through this awareness programme. January 24, 2019

Activities during the Rally:

Street Plays (Nukkar Natak):

The highlight of the rally was the series of street plays performed at various points along the route. These plays depicted everyday scenarios related to cleanliness and hygiene, emphasizing the consequences of neglecting these practices. The performances were designed to be engaging and informative, using humor and relatable situations to convey important messages about sanitation and public health.

Educational Interactions:

Throughout the rally, participants distributed pamphlets and brochures that provided practical tips for maintaining cleanliness and hygiene in homes and public spaces. Information booths were set up at key points where faculty members and students engaged with the community, discussing the benefits of cleanliness and the steps individuals can take to contribute to a cleaner environment.



*Peoples getting knowledge about covid- 19 through this awareness programme.
January 24, 2019*

Speeches :

At several key locations during the rally, brief speeches were delivered by Dr. Dwivedi and other faculty members. These speeches highlighted the significance of the Swachh Bharat mission and the role of education in promoting cleanliness.

Local leaders and sanitation workers also shared their experiences and insights, emphasizing the collective effort required to achieve and maintain a clean environment.

Community Engagement:

The rally encouraged active participation from the community, with villagers joining in the performances and discussions. Interactive sessions were held where community members shared their thoughts and experiences related to cleanliness and hygiene, fostering a sense of collective responsibility and action.



Peoples of locality and our students having "Safai Abhiyan" January 24, 2019

The rally had a significant impact on the community, raising awareness about the importance of cleanliness and hygiene. The engaging street plays successfully communicated the message of Swachhta Abhiyan, inspiring many villagers to take proactive steps towards maintaining a clean environment. The event also highlighted the importance of community involvement and collective action in achieving the goals of the Swachh Bharat mission.

The "Swachhta Abhiyan Nukkar Natak" rally organized by Basundhara Teachers Training College was a resounding success. Under the leadership of Dr. Sheo Prakash Dwivedi, the rally not only raised awareness about the critical issue of cleanliness but also inspired the community to take concrete steps towards achieving a cleaner and healthier environment. The event underscored the importance of education and community engagement in promoting public health and environmental sustainability.


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Cultural Report

Academic Year 2022-23

| S.No. | Name of the Activity | Date |
|-------|--|------------|
| 1 | Cultural Programme on Independence Day "Pot Making Competition and Natak " | 15.08.2022 |
| 2 | Sports Day | 03.01.2023 |
| 3 | Yoga Day | 03.02.2023 |
| 4 | Cultural Programme on Hindi Diwas "Speech Competition" | 14.09.2023 |
| 5 | Cultural Programme on Bihar Diwas "Cultural Dance" | 22.03.2023 |


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MUZAFFARPUR (BIHAR) PIN-843119

Report

Pot Making Competition

Date: 15th Aug - 2022

Palace: BTTC, Muzaffarpurs



mylovier

Today's like every year BTTC Muzaffarpur celebrated the Independence Day with great pomp and splendor this year too. Since this was 75th, BTTC decided to celebrate the occasion more grandly.

The college building was tastefully decorated with flowers pots bunching pictures of heroes of freedom movement and national flags.

Program begins at 10:00 AM and worthy chairman on full mield the national flag administered loud cheers.



Students having photo with their pots 15th Aug - 2022

Followed by national anthem our chairman addressed the audience and highlighted the importance of the constitution and its unique feature such as sovereign socialist secular democratic and Republic enshrined in the preamble of the constitution.

The college auditorium reverberated with patriotic flower and enthusiasm. Dr Duvedi gave an insight on the various accomplishment through their achievements. The program concludes with peaceful role and vote of Thanksgiven by various other representation of the classical art form in the different songs profound by the students giving a glimpse of the diversity in unity of the nation and the guard of honor.



Students having photo with their pots in multipurpose hall 15th Aug - 2022

After that a pot competition was held to show the creativity and dedication by the participants which reflect the rich culture and heritage of our country.

The pot making competition held on (15/08/2022) at Multipurpose Hall together four enthusiastic groups of participants from Aryabhatta House, Bhagat Singh House, Chanakya House and Azad House.



Cultural program students presented a vibrant cultural program. 15th Aug - 2022

The event was organized to celebrate Independence Day and to showcase the creativity and craftsmanship of the participants through traditional clay pottery.

Each group was provided with an equal amount of time and resources to create their pots. The judging criteria included creativity, craftsmanship, use of traditional elements, and adherence to the theme.



Cultural program students presented a vibrant cultural program. 15th Aug - 2022

Each group approached the task with unique ideas and techniques. Some focused on traditional designs inspired by regional pottery styles, while others incorporated modern elements to add a contemporary twist to their creations.

A panel of judges, evaluated the completed pots based on the predefined criteria. They closely examined the craftsmanship, detailing, aesthetic appeal, and overall presentation of each group's creation. After careful deliberation, ARYABHATTA HOUSE were selected as winner based on their creativity, technical skill, and interpretation of the theme and awarded certificates or prizes.



Students performing Natak “Andher Nagri Chaupat Raja” 15th Aug - 2022

On the auspicious occasion a drama competition was organised which was also performed by four groups of students with different houses the audience enjoyed the Natak a lot which created laughter and lightened the atmosphere after emotional patriotic songs sung by the group of students. In this Natak competition AZAD HOUSE won the competition and awarded certificate and prize.

The celebration ended on a peaceful note what of thanks was given by Dr Maurya urged everyone to tap into their inner potential and transform their efforts into tangible achievements emphasizing that the progress of the university was intricately connected to the progress of the nation. At last students dispersed after snacks with the image of the fluttering tricolor in their mind and heart.

Principal
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DR.U.S.ROY KNOWLEDGE PARK, SILOUT (NEAR MARKAN CHOWK) N.H. 28,
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Report on Sports Day

Date: 03-01-2023

Palace: *BTTC, Muzaffarpur*



BTTC's Annual Sports Day was a grand success this year, with an enthusiastic turnout from students, faculty, and staff. The event celebrated athletic prowess, team spirit, and the college's commitment to fostering a healthy and active lifestyle.

The day began with an energizing opening ceremony. The college's marching band played the national anthem, and the principal delivered an inspiring speech encouraging students to participate with zeal and sportsmanship.

Typically held annually, Sports Day begins with an opening ceremony, which includes a parade of participants, often grouped by teams or houses. Each group displays their colors and cheers, setting an enthusiastic tone for the day. The event may start with a formal introduction, speeches, or a national anthem, fostering a sense of unity and excitement.

The core of Sports Day revolves around the various athletic events. These can include traditional track and field events such as sprints, long-distance runs, relays, and jumps. In addition, there may be team sports like soccer, basketball, or volleyball. Non-traditional or novelty events, such as sack races, three-legged races, or egg-and-spoon races, add an element of fun and inclusivity. These events encourage participants of all skill levels to engage, often with humorous or light-hearted outcomes.



Chief guest along with Dr. U.S Roy (Chairman) inauguration the sports event
03-01-2023

Sports Day, a celebration of athleticism and community spirit, often results in several positive outcomes:

1. **Enhanced Team Spirit:** Participants, whether students, employees, or community members, often experience a boost in team spirit and camaraderie. Working together in teams, cheering for each other, and sharing the highs and lows of the day foster a stronger sense of unity and collaboration.
2. **Physical Fitness:** Engaging in a variety of physical activities helps promote overall health and fitness. Participants get an opportunity to exercise, which can lead to improved physical well-being and encourage a more active lifestyle.
3. **Increased Motivation:** The competitive aspect of Sports Day can motivate participants to push their limits and strive for personal and team goals. This motivation often extends beyond the event, influencing other areas of their lives.
4. **Improved Morale:** For workplaces or educational institutions, Sports Day can significantly boost morale. It provides a break from the routine, a chance for relaxation and fun, and an opportunity to connect with colleagues or peers in a different setting.
5. **Development of Skills:** Participants can develop various skills such as teamwork, communication, leadership, and time management. Events that require coordination and strategy help enhance these abilities, which are valuable both in and out of the competitive environment.
6. **Recognition and Achievement:** Winning awards and receiving recognition can boost self-esteem and confidence. However, even for those who do not win, the sense of achievement from participating and doing one's best is rewarding.
7. **Community Building:** Sports Day often brings together people from different backgrounds, fostering a sense of community and shared experience. It can strengthen bonds between individuals, groups, and the larger community, enhancing social cohesion.
8. **Promotion of Fair Play:** Emphasizing rules, respect for others, and sportsmanship encourages participants to understand and value fair play. This mindset often carries over into other areas of life, promoting ethical behavior and mutual respect.
9. **Memorable Experiences:** The fun, excitement, and sometimes humorous moments of Sports Day create lasting memories. These shared experiences contribute to a positive culture and can be cherished long after the event.

10.Encouragement of Future Participation: The enjoyment and benefits of Sports Day can inspire participants to engage in regular physical activity or participate in future events. This ongoing involvement supports a healthier, more active lifestyle.



Students having photo shot during the event in the play ground 03-01-2023

One of the highlights of Sports Day is the relay race, which emphasizes teamwork and coordination. Each team member runs a segment of the race, passing a baton to the next runner. The excitement of the relay race often brings the crowd to its feet, as the outcome can be decided by mere seconds.


In BTTC, Sports Day serves as an opportunity for students to showcase their athletic abilities, build school spirit, and foster a sense of fair play. Awards and medals are often given to winners and participants, celebrating not just the top performers but also those who demonstrate effort, sportsmanship, and improvement.

Sports Day can be a great team-building exercise. It breaks down barriers, encourages physical fitness, and allows colleagues or neighbors to interact in a relaxed and enjoyable environment. The day's activities help strengthen relationships and promote a sense of belonging and collective achievement.



Students during indoor game session (Chess) 03-01-2023

BTTC's Sports Day was a testament to the college's vibrant community and commitment to holistic development. The day not only highlighted the athletic talents of our students but also fostered a sense of unity and school spirit. We look forward to next year's event with the hope of even greater participation and excitement.


Principal
Basundhara Teachers
Training College, Silout
Muzaffarpur, Bihar


Coordinator
In-House Committee
BTTC, Muzaffarpur



TM

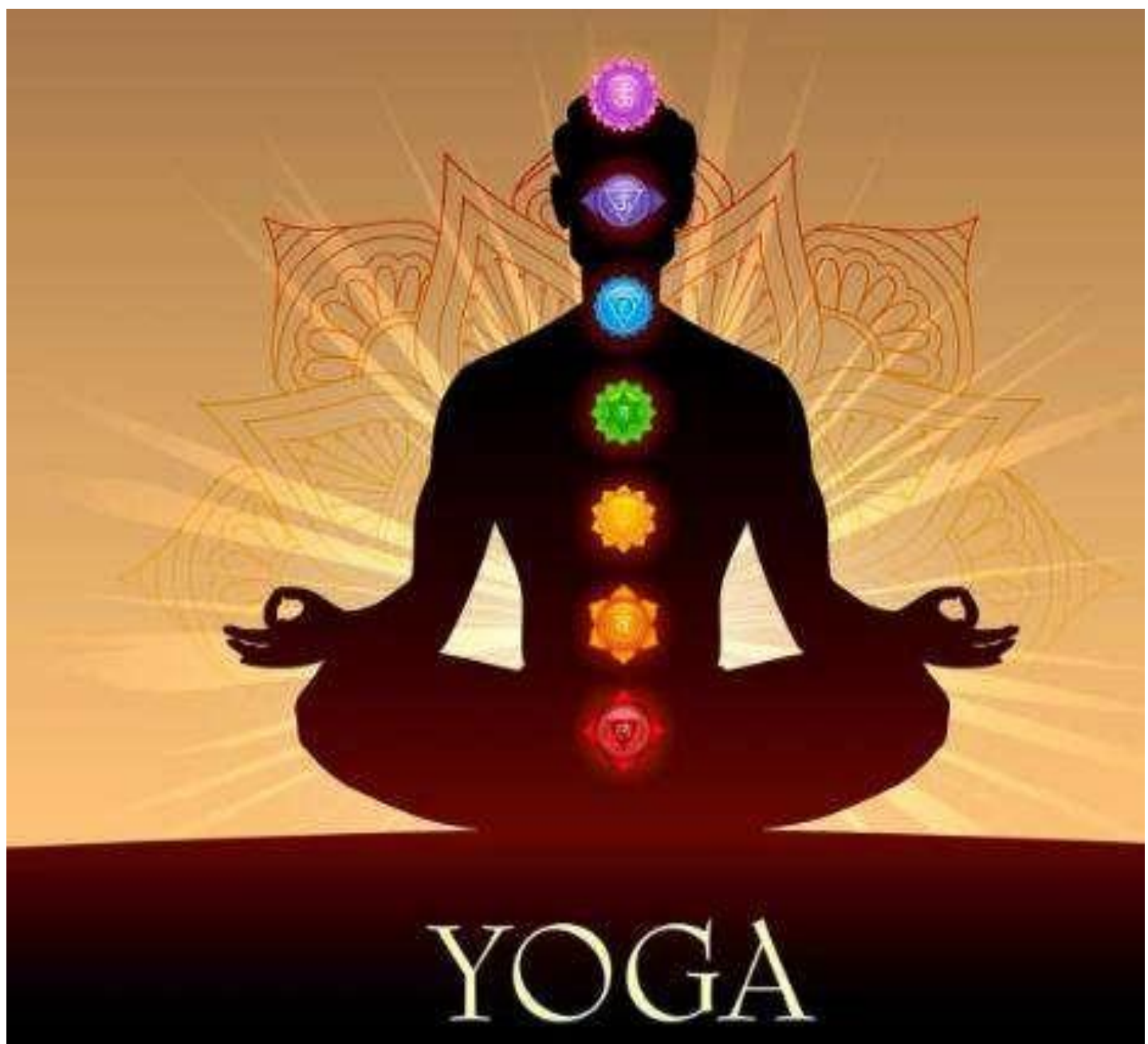
BASUNDHARA TEACHERS' TRAINING COLLEGE (A UNIT OF NORTH BIHAR EDUCATIONAL TRUST)

RECOGNISED BY NCTE-ERC, BHUBANESHWAR
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Report on Yoga Day

Date: 03-02-2023

Palace: BTTC, Muzaffarpur



International Yoga Day, celebrated annually on June 21st, offers a global opportunity to recognize and embrace the transformative power of yoga. Initiated by the United Nations in 2014, this day honors yoga's profound impact on health and well-being and its ability to unite people across cultures and continents.

Yoga, with its ancient origins in India, is more than just a series of physical postures. It represents a holistic approach to health that integrates body, mind, and spirit. Through its practice, individuals can experience increased flexibility, strength, and balance, while also enhancing mental clarity and emotional resilience.

| | |
|-------------------------|------------------------------|
| Name of Activity | Yoga Day |
| Venue | BTTC Muzaffarpur |
| Type of Activity | Practice of Yoga |
| Date | 03-02-2023 |
| Organised by | Yoga Instructor |
| Participated by | 50 Students and staff |



Students performing Yoga in College campus during the event 03-02-2023

Benefits of Yoga for College Students

1. Stress Management

- ❖ **Physical Stress Relief:** Yoga's physical postures (asanas) and breathing techniques (pranayama) help reduce physical tension in the body, promoting relaxation and alleviating symptoms of stress.
- ❖ **Mental Calmness:** Techniques such as meditation and mindfulness, integral to yoga practice, help manage anxiety, improve mood, and foster a sense of calm.

2. Enhanced Cognitive Function

- ❖ **Improved Concentration:** Regular practice of yoga enhances attention span and cognitive function, which is beneficial for studying and academic performance.
- ❖ **Memory Boost:** Meditation and relaxation practices in yoga can improve memory retention and recall, aiding in learning and information processing.

3. Physical Health Benefits

- ❖ **Increased Flexibility and Strength:** Yoga promotes physical fitness by improving flexibility, balance, and muscle strength. This is particularly beneficial for students who may spend long hours sitting.
- ❖ **Posture Correction:** Yoga helps in correcting poor posture caused by extended periods of sitting and studying, reducing back pain and discomfort.



Students during Yoga session performing yoga as guided by instructor 03-02-2023

4. Emotional Well-being

- ❖ **Emotional Resilience:** Yoga encourages self-awareness and emotional regulation, helping students navigate the ups and downs of college life more effectively.
- ❖ **Improved Sleep Quality:** Regular yoga practice, especially relaxation techniques, can lead to better sleep quality, which is crucial for overall health and academic success.

5. Social and Community Engagement

- ❖ **Building Connections:** Group yoga classes foster a sense of community and support among students, creating a social network that can provide encouragement and motivation.
- ❖ **Stress Reduction in Groups:** Participating in yoga classes with peers can enhance the collective well-being and create a supportive environment for managing academic and personal stress.



Students during Yoga session performing yoga as guided by instructor 03-02-2023

Yoga offers substantial benefits for college students, enhancing physical health, mental clarity, and emotional resilience. By integrating yoga into their daily routines, students can manage stress, improve focus, and foster overall well-being. Colleges can support these benefits by incorporating yoga into

campus wellness programs and providing accessible resources for all students. Embracing yoga as part of college life not only supports academic success but also promotes a balanced and fulfilling student experience.



Students listening carefully their guide during the event 03-02-2023


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Report

Hindi Diwas

Date: 14th Sep - 2023

Palace: BTTC, Muzaffarpur

WRITING
COMPETITION



The Hindi Diwas Speech Competition was held on 14th sep 2023 at Basundhara Teachers Training College, to commemorate Hindi Diwas, a day dedicated to celebrating the Hindi language. The event was organized by the collage Co-Curricular committee with the aim of promoting the use and appreciation of Hindi. Students from various classes participated enthusiastically, showcasing their oratory skills in Hindi.



Principal Dr. S. P. Dwivedi lightning the auspicious lamp on the occasion of Hindi Diwas followed by Saraswati Vandana. (14/09/2023)

As a master of Hindi Dr Dwivedi expressed his concern over the diminishing use of Hindi in India and a stress the need to cherish and preserve our national language. He reminded the audience that Hindi divers served as a crucial reminder for today's generation to value and respect Hindi. Several other teachers also spoke to the students about the importance of Hindi language. Their speeches reinforced the message of the deep and inspired students to take pride in their linguistic heritage.



Students presented poem with great zeal,captivating a audience with their voice. (14/09/2023)

After that the colleges co-curricular committee organized a **speech competition** which saw in enthusiastic participation from the students.

The competition featured four groups of participants from different houses. The panel of judges included esteemed personalities, who are well-versed in the Hindi language and literature.

Participants were given a range of topics related to Hindi language, culture, and heritage. Some of the popular themes included:

- The Importance of Hindi in Modern India
- The Rich Literary Heritage of Hindi
- The Role of Hindi in National Integration
- Prominent Hindi Authors and Their Contributions

The participants delivered their speeches with great enthusiasm and confidence.



Mrs. Pratibha Kumari highlighted the importance of our national identity, emphasizes the need for students to embrace their linguistic heritage. (14/09/2023)

The college's co-curricular committee also organized a "Swayam Ki Kavita Likho" (Write Your Own Poem) competition, which saw enthusiastic participation from the students. The winner was announced by a panel of judges comprising faculty members.



Students participated in "Kavita Likho Partiyogita" (14/09/2023)

The event concluded with a vote of thanks by Mr. Bhavesh Kumar, who expressed gratitude to everyone for their contributions in making the program a success. He also commended the students for their active participation in the poetry competition.


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Report

Bihar Diwas Cultural Dance

Date: 22th March - 2023

Palace: BTTC, Muzaffarpurs



The cultural dance competition was held on 22/03/2022 at BASUNDHARA TEACHERS TRAINING COLLEGE to celebrate Bihar Diwas, marking the formation of the state of Bihar. The event was organized with the aim of showcasing and preserving the rich cultural heritage of Bihar through traditional dance forms. Participants from various age groups took part, displaying their talent and passion for dance.



Principal Dr. S.P. Dwivedi lightening the lamp 22/03/2022

The competition featured participants from four different house of our college. The panel of judges included distinguished personalities, who are experts in classical and folk dance forms.

The competition highlighted various traditional dance forms of Bihar, including Bhojpuri Folk Dance, Maithili Dance, Chhau Dance and Jhumar Dance.

Participants performed dances that reflected the rich cultural tapestry of Bihar, with themes ranging from historical events to folk tales and seasonal celebrations.



Students performing cultural dance in multipurpose hall 22/03/2022

The participants delivered captivating performances, with notable mentions including:

- Aryabhatta House performed a mesmerizing Bhojpuri folk dance, illustrating the vibrancy and energy of the region.
- Chanakya House showcased an elegant Maithili dance, portraying the grace and beauty of traditional rituals.
- Bhagat Singh house performed a dynamic Chhau dance, depicting scenes from local legends and mythology.
- Azad house enthralled the audience with a spirited Jhumar dance, celebrating the joy of harvest season.



Cultural program students presented a vibrant cultural program.
22/03/2022

The performances were evaluated based on several criteria, including Choreography and Creativity, Expression and Emotion, Synchronization and Coordination, Costume and Presentation, Overall Impact and Audience Engagement

After thorough deliberation, the judges announced the winners:

- *First Place*: Aryabhatta House, for their exceptional performance in [Bhojpuri folk dance].
- *Second Place*: Bhagat singh house, for their outstanding presentation in chhau dance.



Cultural program students presented a vibrant cultural program.

22/03/2022

All participants received certificates of appreciation, and the winners were awarded trophies and prizes.

The audience, comprising students, teachers, parents, and local community members, was highly appreciative of the participants' efforts. The vibrant costumes, energetic performances, and cultural themes received enthusiastic applause, with many attendees expressing their admiration for the dancers' skill and dedication.



Students performing dance at 22/03/2022

The Bihar Diwas cultural dance competition was a resounding success, celebrating the rich traditions and cultural heritage of Bihar. The event provided a platform for young talents to shine and encouraged the preservation of traditional dance forms. The organizers look forward to continuing this tradition, making Bihar Diwas an even more grand and culturally enriching celebration in the coming years.

The program concludes with peaceful role and would of thanks was given by Mr Ajay Kumar Maurya, he said Bihar divorce is more than just a day of. It's a time for Bihar to reflect on their state rich history and cultural heritage.


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Report on Student Orientation Programme

Date: 06.07.2023

Palace: BTTC, Muzaffarpur

An orientation program was organized for the B.Ed 2023-2025 students at Basundhara Teachers' Training College, Silout, Muzaffarpur. The college was decorated with flowers.

On the day of orientation, newly admitted students were welcomed with rose flowers. The orientations begin with the lighting of the lamp, during which Principal Dr. Sheo Prakash Dwivedi lit the lamp in front of Goddess Saraswati.



Principal Dr. S.P Dwivedi introducing himself and briefing the rule and regulation of college 06.07.2023

After offering floral tributes to Goddess Saraswati following the lighting of the lamp, the program continued with the recitation of the lamp invocation mantra and the Saraswati Vandana. Assistant Professor Pankaj Kumar, the program coordinator, invited the enrolled students to introduce themselves, including their name, father's name, and place of residence, qualifications, and their associated thoughts.



Presence of students and teachers in college auditorium for the students orientation programme 06.07.2023

Our senior Astt. professor Pankaj Kumar welcomed all the newly admitted students and thanked them for choosing the college for admission. Assistant professor Dr. Pratibha Kumari congratulated all the students on becoming assistant teachers. Additionally, Assistant professor Kirti Sarswati familiarized the students with the meaning of the word "teacher."



Students introducing them selves in this orientation programme 06.07.2023

Music teacher Mrs. Khusboo Kumari sang a few songs amidst the orientation.



Students introducing them selves in this orientation programme 06.07.2023



Mr. Pankaj Kumar giving vote of thanks who presented in this orientation programme 06.07.2023

"Our respected chairman, Dr. Uma Shankar Roy, interacted with the new students, discussing about creating a positive environment in the college. He mentioned that the college will not compromise on discipline in the presence of students."

Principal Dr. Sheo Prakash Dwivedi also welcomed the scholars and acquainted them with the rules and regulations of the college, emphasizing the importance of maintaining discipline. He also informed about the requirement of 80% attendance in classes. Furthermore, he discussed students' involvement in institutional decision-making and various activities in different situations.


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Admission Committee
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